Plan Type: QHDHP

Coverage for: Individual/Family

Reynolds School District: QHDHP (RESPA)

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please visit www.reynolds.k12.pa.us or call (724)646-5500. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined

terms see the Glossary. You can view the Glossary at www.HealthCare.gov/sbc-glossary/ or call (724)646-5500 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$1,500 individual/\$3,000 family, combined <u>network</u> and <u>out-of-network</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible</u> ?	Network deductible does not apply to preventive care services. Coinsurance amounts don't count toward the network deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$0 individual/\$0 family network out-of-pocket limit, up to a total maximum out-of-pocket limit of \$1,500 individual/\$3,000 family. \$1,500 individual/\$3,000 family out-of-network.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Network: Premiums, balance-billing charges, and health care this plan doesn't cover do not apply to your total maximum out-of-pocket limit. Out-of-network: Deductibles, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .

Will you pay less if you	Yes. For a list of network providers, see	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's
use a <u>network provider</u> ?	www.reynolds.k12.pa.us or call	network. You will pay the most if you use an out-of-network provider, and you might
	(724)646-5500.	receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and
		what your <u>plan</u> pays (<u>balance billing</u>).
		Be aware your network provider might use an out-of-network provider for some
		services (such as lab work). Check with your <u>provider</u> before you get services.
Do I need a <u>referral</u> to see a	No.	You can see the specialist you choose without a referral.
specialist?		



All $\underline{\textbf{copayment}}$ and $\underline{\textbf{coinsurance}}$ costs shown in this chart are after your overall $\underline{\textbf{deductible}}$ has been met, if a $\underline{\textbf{deductible}}$ applies.

		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, and Other Important Information
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness Specialist visit Preventive care/Screening/Immunization	No charge No charge No charge for preventive care services; deductible does not apply	30% coinsurance 30% coinsurance 30% coinsurance for preventive care services	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. Please refer to your preventive schedule
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	No charge No charge	30% coinsurance 30% coinsurance	for additional information. none
If you need drugs to treat your illness or condition More information	Generic drugs	No charge (retail and mail order)	Not covered	Up to 30-day supply retail pharmacy. Up to 90-day supply maintenance prescription drugs through mail order.
about prescription drug coverage is available at www.highmarkbcbs.com.	Brand drugs	No charge (retail and mail order)	Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center) Physician/surgeon fees	No charge No charge	30% <u>coinsurance</u> 30% <u>coinsurance</u>	none

		What You	u Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, and Other Important Information
If you need	Emergency room Care	No charge	No charge	none
immediate medical	Emergency medical transportation	No charge	30% coinsurance	none
attention	<u>Urgent care</u>	No charge	30% coinsurance	none
If you have a	Facility fee (e.g., hospital room)	No charge	30% coinsurance	Precertification may be required.
hospital stay	Physician/surgeon fee	No charge	30% coinsurance	none
If you have mental health, behavioral	Outpatient services	No charge	30% coinsurance	none
health, or substance abuse needs	Inpatient services	No charge	30% coinsurance	Precertification may be required.
If you are pregnant	Office visits	No charge	30% coinsurance	Cost sharing does not apply for
	Childbirth/delivery professional services	No charge	30% coinsurance	preventive services.
	Childbirth/delivery facility services	No charge	30% coinsurance	Depending on the type of services, a coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.) Network: The first visit to determine pregnancy is covered at no charge. Please refer to the Women's Health Preventive Schedule for additional information. Precertification may be required.
If you need help	Home health care	No charge	30% coinsurance	none
recovering or have other special health needs	Rehabilitation services	No charge	30% coinsurance	Combined <u>network</u> and <u>out-of-network</u> : 36 physical medicine visits, 36 speech therapy visits, and 36 occupational therapy visits per benefit period.
	Habilitation services	Not covered	Not covered	none
	Skilled nursing care	No charge	30% coinsurance	Precertification may be required.
	Durable medical equipment	No charge	30% coinsurance	none
	Hospice service	No charge	30% coinsurance	none

		What You	u Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, and Other Important Information
If your child needs	Children's Eye exam	Not covered	Not covered	none
dental or eye care	Children's Glasses	Not covered	Not covered	none
	Children's Dental check-up	Not covered	Not covered	none

Excluded Services & Other Covered Services:

Servic	Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
•	Acupuncture	•	Habilitation services	•	Routine eye care (Adult)
•	Cosmetic surgery	•	Hearing aids	•	Routine foot care
•	Dental care (Adult)	•	Long-term care	•	Weight loss programs
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)					
•	Bariatric surgery	•	Coverage provided outside the United States. See http://www.bcbsa.com	•	Non-emergency care when traveling outside the U.S.
•	Chiropractic care	•	Infertility treatment	•	Private-duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other options to continue coverage are available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit http://www.HealthCare.gov or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> <u>Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the <u>explanation of benefits</u> you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Your <u>plan</u> administrator/employer at (724)646-5500.
- Highmark Inc. at 1-800-241-5704.
- Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Pennsylvania Department of Consumer Services at 1-877-881-6388.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this <u>plan</u> meet the <u>Minimum Value Standards</u>? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To obtain language assistance, call (724)646-5500.

SPANISH (Español): Para obtener asistencia en Español, llame al (724)646-5500.

TAGALOG (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (724)646-5500.

CHINESE (中文): 如果需要中文的帮助,请拨打这个号码 (724)646-5500.

NAVAJO (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (724)646-5500.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■The <u>plan</u> 's overall <u>deductible</u>	\$1500
Specialist coinsurance	0%
■Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800			
In this example, Peg would pay:				
Cost Sharing				
Deductibles	\$1,500			
Copayments	\$0			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$0			

The total Peg would pay is

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■The plan's overall deductible	\$1500
■Specialist coinsurance	0%
■Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost

\$1,500

In this example, Joe would pay:				
Cost Sharing				
Deductibles	\$1,500			
Copayments	\$0			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions \$				
The total Joe would pay is \$1,50				

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■The plan's overall deductible	\$1500
Specialist coinsurance	0%
■Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)
Rehabilitation services (physical therapy)

Total Example Cost

\$7,400

i otai Example Cost	\$1,900		
In this example, Mia would pay:			
Cost Sharing			
Deductibles	\$1,500		
Copayments	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$1,500		

Note: These numbers assume the patient does not participate in the <u>plan</u>'s wellness program. If you participate in the <u>plan</u>'s wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact (724)646-5500.

The plan would be responsible for the other costs of these EXAMPLE covered services.

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Insurance or benefit administration may be provided by Highmark Blue Shield which is an independent licensee of the Blue Cross and Blue Shield Association. Health care <u>plans</u> are subject to terms of the benefit agreement.

To find more information about Highmark's benefits and operating procedures, such as accessing the drug formulary or using <u>network providers</u>, please go to DiscoverHighmark.com/QualityAssurance; or for a paper copy, call 1-855-873-4106.

Discrimination is Against the Law

The <u>claims</u> administrator complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The <u>claims</u> administrator does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

The claims administrator:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact the Civil Rights Coordinator.

If you believe that the claims administrator has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity, you can file a grievance with: Civil Rights Coordinator, P.O. Box 22492, Pittsburgh, PA 15222, Phone: 1-866-286-8295, TTY: 711, Fax: 412-544-2475, email: CivilRightsCoordinator@highmarkhealth.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)
Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Please note that your employer – and not the <u>claims</u> administrator - is entirely responsible for determining member eligibility and for the design of your <u>plan/program</u>; including, any exclusion or limitation described in the benefit Booklet.

If you speak English, language assistance services, free of charge, are available to you. Call 1-855-329-0729.

إذا كنت تتحدث اللغة العربية، فهناك خدمات المعاونة في اللغة المجانية متاحة لك. اتصل على الرقم 0729-325-1.

如果您说中文,可向您提供免费语言协助服务。 請致電 1-855-329-0729.

Indien u Nederlands spreekt, is de taaladviesdienst gratis beschikbaar voor u. Bel 1-855-329-0729.

Si vous parlez français, les services d'assistance linguistique, gratuitement, sont à votre disposition. Appelez au 1-855-329-0729.

Si se Kreyòl Ayisyen ou pale, gen sèvis entèprèt, gratis-ticheri, ki la pou ede w. Rele nan 1-855-329-0729.

Wenn Sie Deutsch sprechen, steht Ihnen unsere fremdsprachliche Unterstützung kostenlos zur Verfügung. Rufen Sie 1-855-329-0729.

જો તમે ગુજરાતી ભાષા બોલતા હો, તો તમને ભાષા સહ્યાતા સેવાઓ, મફતમાં ઉપલબ્ધ છે. 1-855-329-0729 નંબર પર કોન કરો.

यदि आप हिन्दी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवा उपलब्ध है। 1-855-329-0729 पर फोन करें।

Se parla italiano, per lei sono disponibili servizi di assistenza linguistica a titolo gratuito. Chiamare l'1-855-329-0729.

日本語が母国語の方は言語アシスタンス・ サービスを無料でご利用いただけます。 1-855-329-0729 を呼び出します。

한국어를 사용하시는 분들을 위해 무료 통역이 제공됩니다. 1-855-329-0729 로 전화.

បើលោកអ្នកនិយាយ ភាសាខ្មែរ ហើយត្រូវការសេវាកម្មជំនួយផ្នែកភាសាដែលអាចផ្តល់ជូនលោកអ្នកដោយឥតគិតថ្លៃ ។ ការហៅ 1-855-329-0729 ។

Diné k'ehgo yánílti'go, language assistance services, éí t'áá níík'eh, bee níká a'doowoł, éí bee ná'ahóót'i'. Koji' hodíilnih 1-855-329-0729.

यदि तपाई नेपाली भाषा बोल्नुहुन्छ भने, तपाईका लागि भाषा सहायता सेवाहरू नि:शुल्क उपलब्ध हुन्छन्। 1-855-329-0729 मा फोन गरुनुहोस्।

Wann du Deitsch schwetzscht, kannscht du en Dolmetscher griege, un iss die Hilf Koschdefrei. Kannscht du 1-855-329-0729 uffrufe.

اگر شما به زبان فارسی صحبت می کنید، خدمات کمک زبان رایگان با تماس با شماره 0729-329-1-55-1.

Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń 1-855-329-0729.

Se a sua língua é o português, temos atendimento gratuito para você no seu idioma. Ligue para 1-855-329-0729.

Если вы говорите по-русски, вы можете воспользоваться бесплатными услугами языковой поддержки. Звоните 1-855-329-0729. Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al 1-855-329-0729.

Kung nagsasalita ka ng Tagalog, may makukuha kang mga libreng serbisyong tulong sa wika. Tumawag sa 1-855-329-0729.

మీరు తెలుగు మాట్లాడితే, లాగ్వేజ్ అనెస్ట్రెన్స్ సరోప్రిసెస్, ఛారోజీ లేకుండా, మీకు అందుబాటులో ఉన్*నాయే.* కాల్ చేయండి 1-855-329-0729.

หากกุณพูค ไทย, มีบริการช่วยเหลือค้านภาษาให้กุณ โดยไม่มีค่าใช้จ่าย โทร 1-855-329-0729.

توجہ فرمانیں: اگر آپ اردو بولتے ہیں، زبان معاونت سروس، مفت میں آپ کے لیے دستیاب ہے۔ 0729-329-1-85-1 پر کال کریں ۔

Nếu quý vị nói tiếng Việt, chúng tôi cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Xin gọi số 1-855-329-0729.