










# Reynolds Elementary School

## January 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Variety of Fat Free Milk Served Daily 	 	 	1/3/2019 Nachos With Meat <b>Salsa &amp; Corn</b> Choice of Vegetable Choice of Fruit or Side Kicks Alternate Hamburger	1/4/2019 Pizza <b>Tossed Salad</b> Choice of Fruit Choice of Vegetable Alternate Fish	<b>WHAT MAKES A MEAL:</b> STUDENTS MUST TAKE AT LEAST 3 OF 5 COMPONENTS OFFERED TO RECEIVE THE SCHOOL LUNCH PRICE. Meat/meat alt, choice of fruit and veggie, grain or bread and choice of milk (1% white or fat free choc.or white) A minimum of 1/2 cup of fruit or veg. <b>MUST</b> accompany a reimbursable lunch. Veggies may include spinach, broccoli, iceberg, carrots, sweet potatoes/tomatoes, red peppers, garbanzo beans. Fruits may include: oranges, apples, bananas, cantaloupe, strawberries, applesauce, pineapple and berry blends.    <b>Alternate Lunch Choices</b> Peanut Butter & Jelly Soy butter & Jelly Hamburger Submarine Sandwich  
1/7/2019 Hot Dog <b>Green Beans</b> Choice of Fruit Choice of Vegetable Alternate Chicken Tenders & Cookie	1/8/2019 Hamburger <b>Oven Fries</b> Choice of Fruit Choice of Vegetable Alternate Chicken Patty Sandwich	1/9/2019 Popcorn Chicken Rice <b>California Blend</b> Choice of Fruit Choice of Vegetable Alternate General TSO Chicken	1/10/2019 Soft Taco <b>Corn</b> Choice of Fruit Choice of Vegetable Alternate Hamburger	1/11/2019 Pizza <b>Tossed Salad</b> Choice of Fruit Choice of Vegetable Alternate Fish	
1/14/2019 Corn Dog Nuggets <b>Oven Fries</b> Choice of Fruit Choice of Vegetable Alternate Chicken Nuggets & Cookie	1/15/2019 Spaghetti <b>Tossed Salad</b> Choice of Fruit Choice of Vegetable Alternate Ravioli	1/16/2019 Hot Ham & Cheese <b>Green Beans</b> Choice of Fruit Choice of Vegetable Alternate BBQ Chicken Sandwich	1/17/2019 Hot Dog <b>Green Beans</b> Choice of Fruit Choice of Vegetable Alternate Chicken Tenders & Cookie	1/18/2019 Pizza <b>Tossed Salad</b> Choice of Fruit Choice of Vegetable Alternate Fish	
1/21/2019 	1/22/2019 Nachos With Meat <b>Salsa &amp; Corn</b> Choice of Vegetable Choice of Fruit or Side Kicks Alternate Hamburger	1/23/2019 Chicken Patty Sandwich <b>Oven Fries</b> Choice of Fruit Choice of Vegetable Alternate Pulled Pork Sandwich 	1/24/2019 Chicken Gravy <b>Mashed Potatoes</b> Choice of Fruit Choice of Vegetable Roll And Cupcake Alternate Salisbury Steak	1/25/2019 Raider Pizza <b>Garden Salad</b> Choice of Fruit Choice of Vegetable Alternate Taco Pizza	
1/28/2019 Hamburger <b>Oven Fries</b> Choice of Fruit Choice of Vegetable Alternate Chicken Patty Sandwich 	1/29/2019 Popcorn Chicken Rice <b>California Blend</b> Choice of Fruit Choice of Vegetable Alternate General TSO Chicken	1/30/2019 Hot Ham & Cheese <b>Tomato Soup</b> Choice of Fruit Choice of Vegetable Alternate Grilled Cheese Sandwich	1/31/2019 Soft Taco <b>Corn</b> Choice of Fruit Choice of Vegetable Alternate Hamburger	2/1/2019 Pizza <b>Tossed Salad</b> Choice of Fruit Choice of Vegetable Alternate Fish	

The child nutrition program of Reynolds School District is open to all eligible persons regardless of race, color, sex, age or national origin. If you believe you have been treated unfairly in receiving food services for any of the stated reasons, write immediately to the Secretary of Agriculture, Washington, D.C.





